

Correct Age To Own A Mobile Phone

"It's not just a question of the right age"

By SARGUN KAUR

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By the time they're toddlers, most children are excited about phones.



They know how to play games, watch videos, take pictures, and video calls with their grandparents. In idle moments they beg for — or grab for — mom or dad's phone. Many parents ask the question, "At what age should a child get a cell phone?" Among the ways to determine whether your child is old enough to have a phone is to understand its impact on their growth and development



Ages 4 to 6

At this age, kids learn best from live, immersive interaction with parents, siblings or caregivers. Given the choice, they would briskly opt for playing, talking, or being read to instead of using a Smartphone.

Smartphone's at a young age deny a child the opportunity to learn social skills from face-to-face interactions with human beings. Ultimately, this makes it difficult for them to develop empathy and read facial expressions. Even worse, constant over-stimulation from Smartphone screens is damaging to the brain.

Ages 7 to 11

By this time, children are starting to enjoy independence from their parents. They spend most of their time in school and engage in extracurricular activities after school. Because of this, parents feel obliged to hand their children a Smartphone to keep in touch when they are away. There is a risk that children might slide into social media use without their parents consent.

Ages 12 to 14

Children at these ages are transitioning to middle schools, and this is the time many feel entitled to own a Smartphone and have access to educational websites for kids, and rightfully so. At this age, most adolescents have developed vital skills, such as problem-solving, impulse control, and critical thinking.

Ages 14 to 18

Most kids in this age group—a common answer to what is a good age to get a phone—are ready to own a Smartphone. Parents should also set time when there is no screen time, such as during dinner or bedtime to ensure children are getting enough sleep.